


# July 2018 Weekday Education Ministry Food Menu

<p><b>2 AM Snack</b> Bagels w/ Cream Cheese* Organic Milk</p> <p><b>Lunch</b> Sweet &amp; Sour Chicken Vegetable Rice Broccoli Pineapple Organic Milk</p> <p><b>PM Snack</b> Teddy Grahams Fresh Fruit &amp; Water</p>	<p><b>3 AM Snack</b> Apple Muffins* Organic Milk</p> <p><b>Lunch</b> Chicken Shepherds Pie* Cucumber Slices w/ Ranch* Rolls Fruit Salad Organic Milk</p> <p><b>PM Snack</b> Banana Bread* Fresh Fruit &amp; Water</p>	<p><b>5</b> <b>School Closed</b></p> 	<p><b>5 AM Snack</b> Bran Flakes Organic Milk</p> <p><b>Lunch</b> Pork Chops Scalloped Potatoes* Peas Mandarin Oranges Organic Milk</p> <p><b>PM Snack</b> Yogurt* Fresh Fruit Water</p>	<p><b>6 AM Snack</b> Blueberry Muffins* Organic Milk</p> <p><b>Lunch</b> Fish Sandwich Tater Tots Green Beans Peaches Organic Milk</p> <p><b>PM Snack</b> Goldfish Fresh Fruit Water</p>
<p><b>9 AM Snack</b> Pancakes Organic Milk</p> <p><b>Lunch</b> Hamburger Steaks Mashed Potatoes* Cooked Carrots Rolls Pears Organic Milk</p> <p><b>PM Snack</b> Short Bread Cookies Fresh Fruit Water</p>	<p><b>10 AM Snack</b> Sausage Biscuits Organic Milk</p> <p><b>Lunch</b> Chicken Taco Sour Cream* &amp; Salsa Spanish Rice Pinto Beans Fruit Salad Organic Milk</p> <p><b>PM Snack</b> Chips &amp; Salsa Fresh Fruit Water</p>	<p><b>11 AM Snack</b> Corn Flakes Organic Milk</p> <p><b>Lunch</b> Grilled Cheese Sandwich* Tomato Soup Carrot Sticks Fresh Fruit Organic Milk</p> <p><b>PM Snack</b> Orange Cranberry Bread* Fresh Fruit Water</p>	<p><b>12 AM Snack</b> Oatmeal w/ Maple Organic Milk</p> <p><b>Lunch</b> Meaty Tomato Pasta Bake* Corn Salad w/ Ranch Pineapple Organic Milk</p> <p><b>PM Snack</b> Trail Mix Fresh Fruit Water</p>	<p><b>13 AM Snack</b> Biscuits w/ Jelly Organic Milk</p> <p><b>Lunch</b> Turkey &amp; Cheese* on WW Macaroni Salad* Cucumber Slices Apple Sauce Organic Milk</p> <p><b>PM Snack</b> String Cheese* &amp; Crackers Fresh Fruit &amp; Water</p>
<p><b>16 AM Snack</b> Cinnamon Rolls Organic Milk</p> <p><b>Lunch</b> Pizza* Corn Salad w/ Ranch* Pear Organic Milk</p> <p><b>PM Snack</b> Honey Graham Cracker Fresh Fruit Water</p>	<p><b>17 AM Snack</b> Cheese Grits* Organic Milk</p> <p><b>Lunch</b> Chicken Legs Mac &amp; Cheese* Peas &amp; Carrots Peaches Organic Milk</p> <p><b>PM Snack</b> Pretzels Fresh Fruit Water</p>	<p><b>18 AM Snack</b> Banana Muffins* Organic Milk</p> <p><b>Lunch</b> Lasagna Salad w/ Ranch* Garlic Bread Fresh Fruit Organic Milk</p> <p><b>PM Snack</b> Yogurt* Fresh Fruit Water</p>	<p><b>19 AM Snack</b> English Muffin w/ Jelly* Organic Milk</p> <p><b>Lunch</b> Pork Roast Mashed Potatoes* Mixed Vegetables Rolls Cherry Crisp Organic Milk</p> <p><b>PM Snack</b> Zucchini Bread* Fresh Fruit &amp; Water</p>	<p><b>20 AM Snack</b> Pigs in Blanket Organic Milk</p> <p><b>Lunch</b> Chicken Casserole* Spinach Rolls Pineapple Organic Milk</p> <p><b>PM Snack</b> Cookies* Fresh Fruit Water</p>
<p><b>23 AM Snack</b> Yogurt* w/ Fresh Fruit Organic Milk</p> <p><b>Lunch</b> Chicken Sliders Tater Tots Green Beans Mandarin Oranges Organic Milk</p> <p><b>PM Snack</b> Sun Chips Fresh Fruit Water</p>	<p><b>24 AM Snack</b> Cinnamon Toast Organic Milk</p> <p><b>Lunch</b> Grilled Ham &amp; Cheese* on WW Vegetable Soup Carrot Sticks Organic Milk</p> <p><b>PM Snack</b> String Cheese* &amp; Crackers Fresh Fruit Water</p>	<p><b>25 AM Snack</b> Cheerios Organic Milk</p> <p><b>Lunch</b> Battered Cod Mac &amp; Cheese* Corn Fresh Fruit Organic Milk</p> <p><b>PM Snack</b> Carrot Squares Fresh Fruit Water</p>	<p><b>26 AM Snack</b> French Toast* Organic Milk</p> <p><b>Lunch</b> Beef Tips Rice Lima Beans Rolls Apple Crisp* Organic Milk</p> <p><b>PM Snack</b> Chips &amp; Salsa Fresh Fruit Water</p>	<p><b>27 AM Snack</b> Lemon Muffins* Organic Milk</p> <p><b>Lunch</b> BBQ Chicken Sandwich Baked Beans Cole Slaw* Jello w/ Fruit Organic Milk</p> <p><b>PM Snack</b> Goldfish Fresh Fruit Water</p>
<p><b>30 AM Snack</b> Cheese Grits* Organic Milk</p> <p><b>Lunch</b> Chicken w/ Peppers &amp; Onions over Rice* Spinach Pears Organic Milk</p> <p><b>PM Snack</b> Teddy Grahams Fresh Fruit Water</p>	<p><b>31 AM Snack</b> Apple Muffins* Organic Milk</p> <p><b>Lunch</b> Meatball Sandwich on Hoagie Roll Potato Salad* Cucumber Slices w/ Ranch* Pineapple &amp; Organic Milk</p> <p><b>PM Snack</b> Cookies* Fresh Fruit &amp; Water</p>	<p><b>*Contains milk, egg, butter, or soy</b></p> 